

# MSQG Fall Retreat Friendship Blocks Directions

There are two this year make 3 Greek Cross and 1 goblet

## Greek Cross



This is a variation on the traditional 2-color Churn Dash Block.

Block Size 12" (unfinished 12 ½ ")

### Cutting Instructions

- Color 1 = Ocean Colors (seafoam green, blues, greys)
  - 2 ½ " x 19" strip – cut 1
  - 4½" x 4 ½" square – cut 1
  - 5" x 5" square – cut 2
- Color 2 = White or White tone-on-tone Fabric
  - 2 ½ " x 19" strip – cut 1
  - 5" x 5" square – cut 2

### Piecing Instructions

#### 1. Use the 2 ½ "x 19" strips

Sew the Color 1 and Color 2 strips, right sides together, along one long side, using a 1/4" seam. Press seam allowance towards darker fabric. Cut this unit at 4½" intervals to make four two color units.

#### 2. Use the 5" squares

On the back of the Color 2 White squares, draw a diagonal line dark enough so that you can see it. With right sides together, align a Color 1 square and a Color 2 square and stitch a quarter inch away from the drawn line on both sides. Repeat for the second pair of squares. Press these half square triangle units open toward the darker fabric. **TRIM TO 4 ½ " SQUARES.**

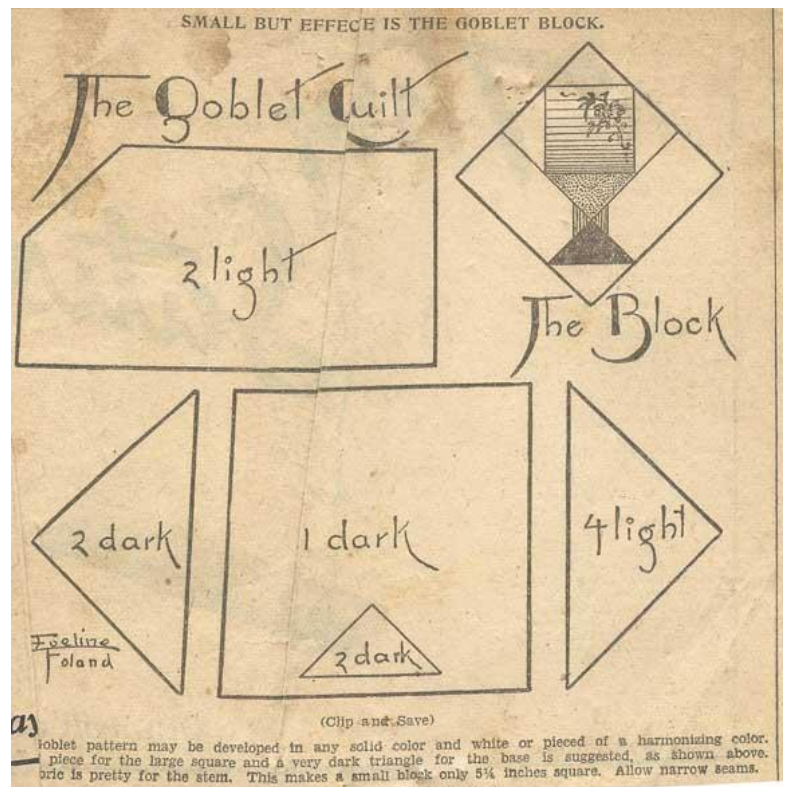
3. Assemble Block as shown below, paying close attention to the orientation of each square.

The goblet pattern is a bonus friendship block. The members attending the very first fall retreat 30 years ago made this block. You might find it interesting to make a block commemorating the first timers.

# Goblet Block

This block was printed in the Kansas City Star in 1930 as the Goblet Block and then again, under the name Water Goblet, in 1934. Eveline Foland is credited as the designer. Barbara Brackman says the renaming of the block to Water Goblet in 1934 was due to the Women's Christian Temperance Union (W.C.T.U.) that advocated water as the beverage of choice. Brackman does note that she was not really sure that it was a temperance quilt. According Brackman, the pattern is often done in blues, grays, blacks and reds.

This was one of the friendship blocks that was used at the first MSQG retreat in 1989. You could purchase a block kit for 25 cents and a S.A.S.E.



Please complete 1 block in either blues or purples and use cream or off-white for the background  
Finished block size – 12" x 12"

## Cutting Instructions:

Background- Use a cream or off-white fabric.

Cut (2) 4 7/8" squares, cut in half diagonally – Unit E

Cut (2) 8 1/8" x 4 7/8" rectangles – Unit F

Color 1 – Medium blue or purple of your choice

Cut (1) 6 1/8" square – Unit C

Cut (1) 4 7/8" square, cut in 1/2 diagonally (you will only use 1 triangle from this cut) Unit B

Cut (1) 2 3/8" square, cut in 1/2 diagonally – Unit D

Color 2 – Darker blue or purple of your choice

Cut (1) 4 7/8" square, cut in 1/2 diagonally – Unit A (you will only use 1 triangle from this cut)

## Unit 1

Create a square-in-a-square using Medium Blue/Purple square (Unit C) for the center, 3 Background triangles (Unit E) and one Medium Blue/Purple triangle (Unit B).

## Unit 2

Use 1 Background rectangle (Unit F) and 1 Medium Blue/Purple triangle (Unit D) Attach the triangle to the upper right corner of the rectangle. Trim and press to the triangle

## Unit 3

Use 1 Background rectangle (Unit F) and 1 Medium Blue/Purple triangle (Unit D) Attach the triangle to the upper left corner of the rectangle. Trim and press to the triangle.

## Unit 4

Use 1 Background triangle (Unit E) and 1 Dark Blue/Purple triangle (Unit A). Sew together to create a half square triangle. Press to the Dark Blue/Purple.

